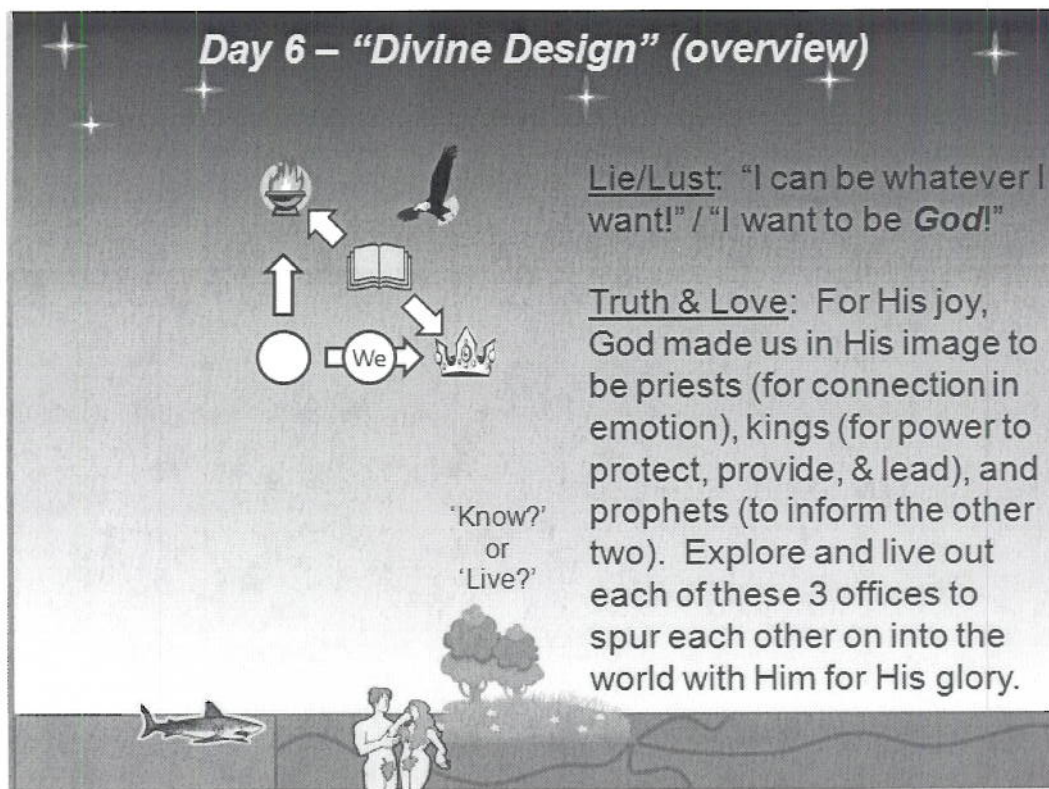


When God described the earth as “formless, void, and dark”, He immediately brought the light of His gracious presence, separated heaven (and His justice) from the chaotic earth, provided our safety and supply, and called us to serve Him in joyful communion with Him and each other. But what did He do on the 5<sup>th</sup> day? If you search “Birds of the air” in the Old Testament, they are almost always referenced as man-eaters; “swarms” had a destructive mob-mentality; and things that “creep” were considered unclean because of their proximity to the cursed earth. To use Structural imagery, why would God create a paradise surrounded by creatures that continually violate the family system? Why would He set us among creatures that would eat or pollute His ‘fruit’ (us)? Daniel 4:12 gives us a peak. There, they are depicted as frail creatures who come to a great King who provides for them. The New Testament continues this idea.

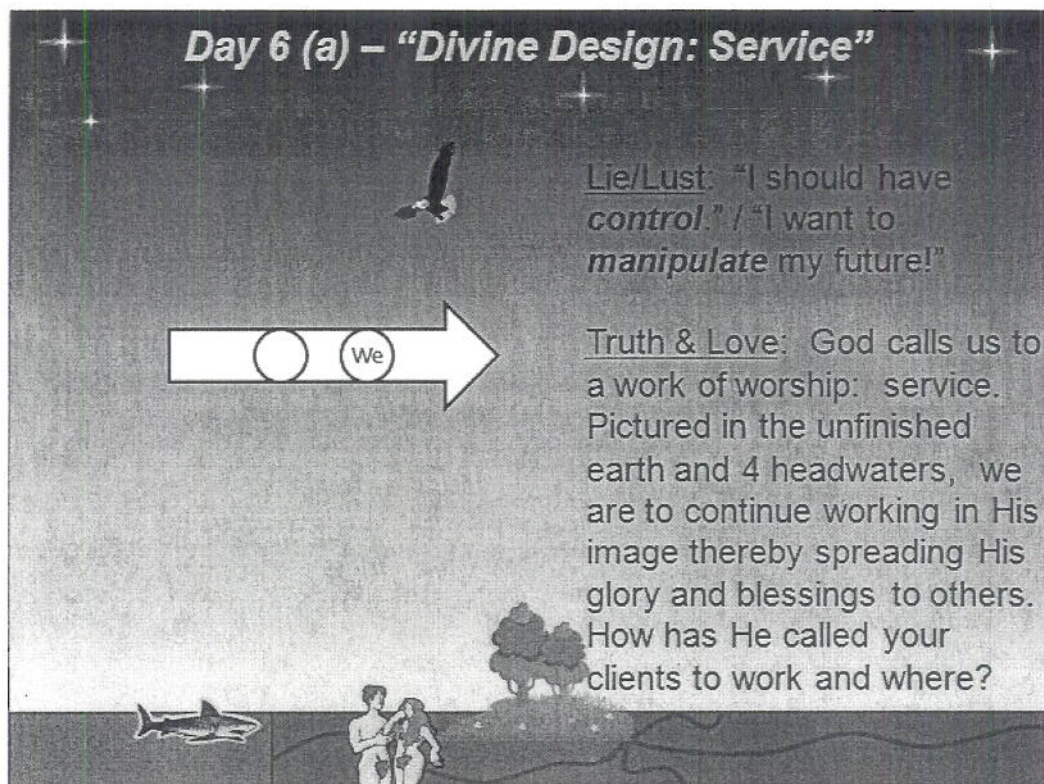
What is our practical application? God has given His people the radical responsibility of reigning over a presently dangerous kingdom. Some will bite the hand that feeds them, while others may be fragile creatures struggling to survive. Ours is not to judge. As pictured in prophecies of the end times with no more chaotic sea or man-eaters (Isaiah 19, Ezekiel 47, Zechariah 14, Revelation 21). Ours is to grow the “fruit” for those communion meals, feed those who come to find a new home, and guard against those who would stain or destroy our communion with Him and each other.



Critics say there are 2 conflicting creation accounts. Not so. Genesis 1 is a telescopic view of God's purpose. Genesis 2 is a microscopic view of God's people. Hence, the earth's brown color in this slide which I will explain later. God gave Man three tasks (commands) in the garden: "go forth and multiply", "rule the world", and "keep and work the garden". Each of these are direct applications of what it means for us to live functionally in His image. The original audience of Genesis was Israel who looked forward to Messiah, which means "anointed" or "chosen". In the Old Testament, only 3 groups were anointed for God's commission: priests, prophets, and kings.

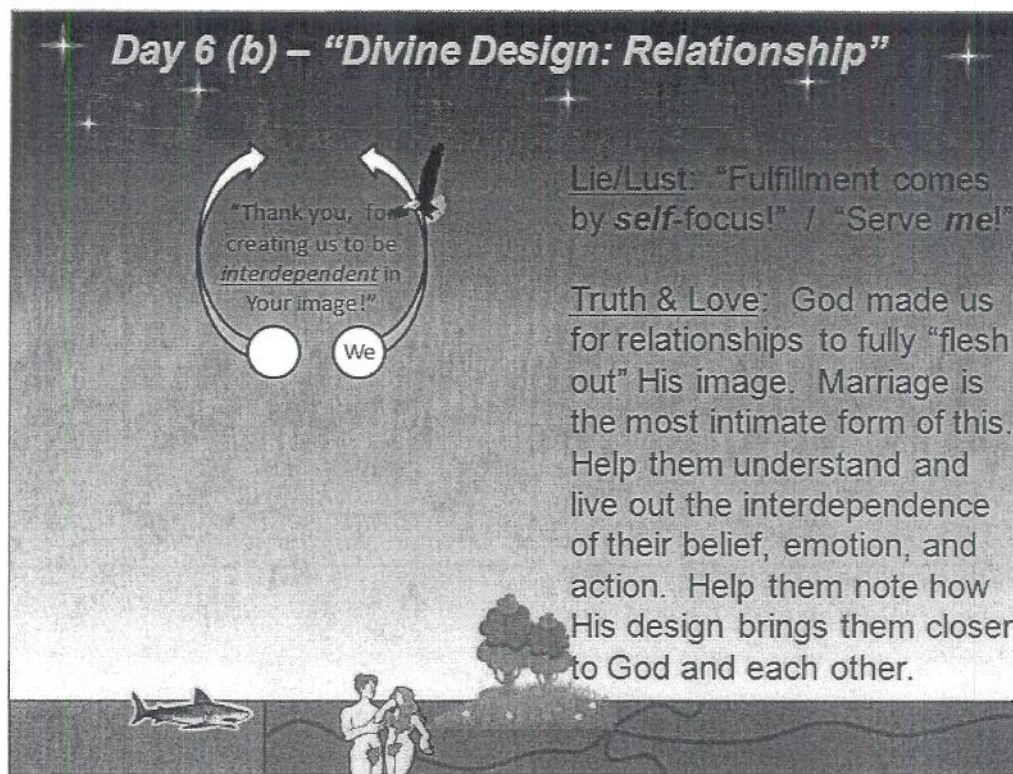
The Hebrew translated to "work" & "keep" the garden occur together only 14 times in the OT and convey priestly tasks. "Keeping" conveys protecting something special that belonged to another. "Working" conveyed a fruitful effort to present something to the original owner (e.g., a priest's offering to God). The call to "rule" is clearly kings' work. And God's command to "go forth and multiply" is our call to live as prophets (E.g., God multiplied life by speaking it into existence; He gave us life by His breath; and foreigners were brought into His fold by submission to His Word).

These three offices also explain our 3-part nature. We feel according to our loves and fears (a priestly function for appropriate closeness or distance to our actual object of 'worship'). We act for our own protection, provision, or progress (a kingly role). And we believe in what is "true" & "good" for the first two (a prophetic role). So, we already live as God designed us, but we tend to do it for ourselves and by ourselves. The 2 trees in the garden reveal our bottom line: "Do you want to 'know' or do you want to 'live'?" Choosing 'life' is total dependence on Him to be our Prophet to direct our relationship with Him (as our Priest) and with others (as our King). Choosing 'knowledge' rejects Him as Prophet, so we can live how we wish – resulting in death.



Genesis 2 starts out strangely with a description of unfinished work in which we are to reflect His image. God created a paradise, and He made Man to continue to care for and increase what He began in Eden. God enjoyed His creation - seven times He said “it was good”. And He made Man to enjoy his work with all kinds of trees that were beautiful to the eye and sweet to eat. God’s produce was the stuff of worship: fruits for sacred festivals. And He instructed Man to “work and keep” the garden (as I mentioned earlier, these words were priestly duties). God could have created the entire earth to grow without Man, but He *caused* Eden to grow fully but left the world unfinished for Man to continue the work (Gen 2:5). And notice the description of the 4 headwaters. The Pishon would take them to gold, aromatic resin, and onyx – materials God later prescribed for worship. The Gihon flowed through Cush, the land of Noah’s cursed grandchildren (Genesis 9:18-25, 10:6). The Tigris ran through Assyria, one of Israel’s greatest enemies (Daniel 10:4). And the Euphrates was a border of the promised land (Genesis 15:18). Do you see the imagery? God sends us out to the work of worship where all we need is supplied, but also to the rejected and our enemies. And just as the Euphrates calls to mind the promised land, He promises to provide for us as we continue His work in His image.

The “what” of our work and the “how” of our relationship seem to be covered in the 2 trees in the garden. God’s commandment could be stated, “Do you want to know, or do you want to live?” Choosing the tree of life would mean depending on relationship with God to guide us in everything forever: eternal rest by faith in Him.



God put Adam in the garden with a job description (Gen 2:15), blessings and boundaries (2:16-17), said it was “not good” to be alone (2:18), and only then created Eve (2:19ff). This sequence of creation indicates that men were to be primarily responsible. But all future men would come from women, so He designed us to do His work in interdependent relationships. We’re to cleave to each other, leave and cleave forming another family, and spread His image over the earth.

Gracious presence from God entails His loving initiative and our humble acceptance. Each of these actions & attitudes are also necessary with our family, co-workers, etc.

Somber candor from God is His spoken tough love. Note Leviticus 19:17-18 & Matthew 22:38.

Spiritual safety from God is a firm ‘no’ and appropriate action to protect us. We must boldly do the same, especially in cultures of ‘personal peace’ and permissiveness.

Abundant supply from God is His provision of our needs to fully know and enjoy Him through our service to Him – not affluence for affluence’ sake. He calls us to labor together metaphorically to plant, water, harvest, and participation in His kingdom.

Progressive worship from God is His ongoing work to bring His own to Himself. We must acknowledge these stages of spiritual life and help (or accept help) accordingly.

Radical reign is seen in God’s gracious and powerful rule over those who “bite the hand that feeds them”. Loving leadership (and submission) will always cost us, too.

Divine design is our reflection of His image: serving in relationships as priests, kings, and prophets. Priests’ work is primarily emotional and vertical: mediating guilt, forgiveness, fear, love, etc. to God. Kings’ work is primarily behavioral and horizontal: protecting, providing, and leading His kingdom. And prophets instruct the other two. But all reflect His image and, therefore, are inseparable.

# Client Intake Information

19<sup>th</sup> ESC Chaplain Family Life Center - Area IV, Korea

## Privacy Act Statement

1. The authority for soliciting this information comes from 10 USC 3012
2. The purpose for soliciting the information is to provide the chaplain or pastoral counselor data to assist in the pastoral counseling you are seeking.
3. The information will be maintained under strict professional guidelines at the 19<sup>th</sup> ESC Chaplain Family Life Center until the 19<sup>th</sup> ESC Family Life Chaplain releases it to be destroyed.
4. Providing the information is voluntary. There will be no adverse effect on you for not furnishing the information other than certain data might not otherwise be available to the Chaplain to enable them to provide you with the most effective pastoral care.

Today's Date \_\_\_\_\_

Name \_\_\_\_\_ Unit/employer \_\_\_\_\_ Age \_\_\_\_\_

Home address \_\_\_\_\_

Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_ Rank \_\_\_\_\_

MOS \_\_\_\_\_ How long at this installation (this tour) \_\_\_\_\_ Years on Active Duty \_\_\_\_\_

Deployment History: Last Tour \_\_\_\_\_ Number of tours to combat zone \_\_\_\_\_

Spouse or Sponsor's Name \_\_\_\_\_

Unit \_\_\_\_\_ Phone (w) \_\_\_\_\_

### Marital Status:

\_\_\_\_\_ Never Married \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Separated \_\_\_\_\_ Widowed \_\_\_\_\_

### Marital History:

Current marriage yrs. married \_\_\_\_\_

Her previous marriages: yrs. married: \_\_\_\_\_  
1<sup>st</sup> Marriage 2<sup>nd</sup> 3rd

His previous marriages: yrs. married: \_\_\_\_\_  
1<sup>st</sup> Marriage 2<sup>nd</sup> 3rd

List the names and ages of persons living with you:

Name & Relationship	Age	Name & Relationship	Age
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Today's Date \_\_\_\_\_ Name \_\_\_\_\_

Who referred you? \_\_\_\_\_

Are you presently under a doctor's care? YES NO If yes, where and why? \_\_\_\_\_

Are you currently taking medication? YES NO If yes, what type? \_\_\_\_\_

Are you counseling elsewhere? YES NO If yes, where? \_\_\_\_\_

Describe your reaction to previous counseling (check one)

☐ Never been in counseling

☐ Somewhat satisfied

☐ Satisfied

☐ Not satisfied

Why? \_\_\_\_\_

What brings you in today? \_\_\_\_\_

When did this problem begin? \_\_\_\_\_

What made you decide to come *now*? \_\_\_\_\_

What have you done to solve this problem? \_\_\_\_\_

What improvements do you want to have as a result of counseling? \_\_\_\_\_

How satisfied are you with your life as a whole these days? [circle the number]

Completely Dissatisfied

1

2

3

4

5

6

7

8

9

Completely Satisfied

10

Resources: (Circle all that apply) Extended family friends pets faith other \_\_\_\_\_

Religious preference: \_\_\_\_\_

My faith gives me hope

Strongly Disagree

1

2

3

4

5

6

7

8

9

Strongly Agree

10

My Faith is important to me

Strongly Disagree

1

2

3

4

5

6

7

8

9

Strongly Agree

10

### Possible Areas of Concern

[Check all that apply]

☐ Combat or deployment related stress

☐ Grief or loss

☐ Infidelity or affairs – (circle) physical, emotional or internet

☐ Addictions – (circle) Porn, drugs, alcohol, gambling, other \_\_\_\_\_

☐ Financial trouble

☐ Depression

☐ Love but not "in love"

☐ Work related problems

☐ Lack of trust

☐ Abuse

☐ Religious concerns

☐ Sexual concern

☐ In-laws

☐ Stress

☐ Communication

☐ Fighting, arguing or handling conflict

☐ Hardship discharge or compassionate reassignment

☐ Step-family issues

☐ Domestic tasks – who does what at home

☐ Spouses time spent with friends

☐ Health issues

☐ Anger, rage, loss of control

☐ Risky behavior

# Client Intake Information

19<sup>th</sup> ESC Chaplain Family Life Center, Area IV, Korea

Name of Client	Home Phone	Duty Phone	Sponsor	Rank	Age																									
Street Address			Unit		Gender																									
City	State	Zip code	Nearest Relative (Name and Address)																											
<b>Marital Status:</b> <input type="checkbox"/> Never Married <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Separated			<b>Referral Source – Agency or Individual</b> If Married, how long? _____																											
<b>Other Agencies Involved:</b>																														
<b>Family Members (Spouse, Children)</b> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Name</th> <th style="text-align: left;">Age</th> <th style="text-align: left;">Grade/Occupation</th> <th style="text-align: left;">Relationship</th> <th style="text-align: left;">Living at home</th> </tr> <tr> <th></th> <th></th> <th></th> <th></th> <th style="text-align: center;">Yes      No</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td><td> </td><td> </td></tr> </tbody> </table>						Name	Age	Grade/Occupation	Relationship	Living at home					Yes      No															
Name	Age	Grade/Occupation	Relationship	Living at home																										
				Yes      No																										
<b><u>Spiritual Resources:</u></b> My Faith Gives me Hope: <div style="display: flex; align-items: center;"> <span>◆</span> <span style="flex-grow: 1; border-bottom: 1px solid black; position: relative; margin: 0 5px;"> <span style="position: absolute; left: -5px; top: -5px;">◆</span> <span style="position: absolute; right: -5px; top: -5px;">◆</span> </span> <span>Strongly agree</span> <span style="margin-left: 20px;">Disagree</span> </div>																														
How Important is Your Faith in guiding your actions? <div style="display: flex; align-items: center;"> <span>◆</span> <span style="flex-grow: 1; border-bottom: 1px solid black; position: relative; margin: 0 5px;"> <span style="position: absolute; left: -5px; top: -5px;">◆</span> <span style="position: absolute; right: -5px; top: -5px;">◆</span> </span> <span>Very</span> <span style="margin-left: 20px;">Not Important</span> </div>																														
<b>PRESENTING PROBLEM(S):</b> <i>State in your own words</i>																														
<b>History of Presenting Problem(s)</b>																														
<b>Medication</b>																														
<b>Counselor's Name</b>																														

# Team Counseling Contract

19<sup>th</sup> ESC Chaplain Family Life Center – Area IV, Korea  
Updated 16 September 2010

## Client Agrees:

1. To discuss with the Chaplain any questions or reservations you might have about the Chaplain's approach to therapy. If you are not satisfied, we will transfer you to another Chaplain.
2. To complete all therapeutic assignments ("Homework") which your Chaplain assigns. This includes attending consultative appointments at other agencies/clinics if referred by your Chaplain.
3. To allow the Chaplain to be assisted by a co-Chaplain and/or consultation team if the Chaplain deems it appropriate. Videotaping will also be utilized for feedback, consultation, and/or supervision purposes.
4. To terminate counseling at a session only (not by phone or by failure to keep an appointment).
5. That counseling might be terminated if 2 or more appointments are missed without prior notification.

## Note on Privacy and Training

*I understand that the 19<sup>th</sup> ESC Chaplain Family Life Center provides a team-approach to counseling. I accept the necessity for the counseling team of Chaplains to record and discuss the sessions in which I participate in order to provide me with the very best care.*

*I understand and agree that the counseling sessions in which I participate will be video taped with my awareness of such procedure. I understand that the purpose of such recording is to improve the counseling techniques of the Chaplain in training and is not meant as an invasion of my rights of privacy; therefore, in consideration of the benefits received by me and of the benefits accruing to others because of the improvement in counseling techniques, I specifically waive my rights of privacy **for this purpose only**.*

## Chaplain Agrees To:

1. Take you and your particular situation seriously and to give you his/her best service
2. Maintain confidentiality within the limits of civil law, Army regulations, and his/her professional ethics. Generally, we assume that **pastoral** counseling is an act of religion and hence is protected by law as privileged information where the law applies. However, in order to ensure your safety and the safety of others, there are certain situations when the Chaplains will be compelled to either report or ensure self report of information. This includes issues such as: 1) Child abuse, elder abuse, or abuse of impaired persons. 2) Plans or thoughts of suicide or homicide or other acts that endanger you or others. 3) Domestic violence that constitute a threat of future harm.
3. Uphold the ethical practices of the profession as stated by the American Association for Marriage and Family Therapists (AAMFT) and the American Association of Pastoral Chaplains (AAPC)
4. Refer you to another Chaplain if that move seems helpful to you with your particular situation.

_____ Client Signature _____	_____ Date _____
_____ Client Signature _____	_____ Date _____
_____ Client Signature _____	_____ Date _____
_____ Chaplain's Signature _____	_____ Date _____

**PROCESS NOTES (BRIEF VERSION)**

**NAME:**

**DATE:**

**SESSION #:**

**WHO:**

**PRESENTING PROBLEMS:**

**SYSTEM DYNAMICS:**

**THERAPEUTIC INTERVENTIONS (AND MODALITIES):**

**EMERGING GOALS:**

**ASSIGNMENTS:**

**NEXT TIME:**

**Counselor's Signature** \_\_\_\_\_

### SESSION NOTES

DATE: \_\_\_\_\_ # OF SESSIONS: \_\_\_\_\_ 1ST SESSION:

CLIENT: \_\_\_\_\_ THERAPIST: \_\_\_\_\_ SUPERVISOR:

#### 1. Client Goals & Scaling:

.Scaling on: \_\_\_\_\_ 1 2 3 4 5 6 7 8 9 10

.Scaling on: \_\_\_\_\_ 1 2 3 4 5 6 7 8 9 10

#### 2. Progress since making appointment or last session:

#### 3. How did client manage to maintain, cope, improve, etc.:

#### 4. Progress made during session (insights, revelations, conclusions, behaviors, etc.):

#### 5. What was helpful?

#### 6. Client's plans for making progress this week (objectives, goals, homework, etc.):

#### 7. Concerns that supervisor should be aware of, or can help to address (harm to self or others, deep discouragement, lack of progress toward goals, etc.):

#### THERAPIST OBSERVATIONS:

#### NOTES TO SUPERVISOR (if applicable):

Treatment model: b Evidence of Helpfulness of Therapy:

What Therapist Learned:

Theological or Spiritual Resources or Issues:

Progress Plan/Conceptualization for \_\_\_\_\_ Date: \_\_\_\_\_

“Concerned with my past, present, or future relationship(s) over time”

Specific concern of inner conflict in the moment: “I believe that I am \_\_\_\_\_  
\_\_\_\_\_, and I feel that I must \_\_\_\_\_.”

Specific concern with relationship(s) over time: “We had/have this ‘dance’ where I usually  
\_\_\_\_\_ and they usually \_\_\_\_\_.”

Individual’s/Family’s Observable Goal: \_\_\_\_\_

Steps to the goal (only one per session)

(“1” = worst, “10” = best)

# \_\_\_\_: \_\_\_\_\_ Rated 1-10: \_\_\_\_\_ Date: \_\_\_\_\_

“To move my rating one higher would require me to \_\_\_\_\_

“How high a rating do you need for yourself before we can go to the next step?” \_\_\_\_\_

# \_\_\_\_: \_\_\_\_\_ Rated 1-10: \_\_\_\_\_ Date: \_\_\_\_\_

“To move my rating one higher would require me to \_\_\_\_\_

“How high a rating do you need for yourself before we can go to the next step?” \_\_\_\_\_

# \_\_\_\_: \_\_\_\_\_ Rated 1-10: \_\_\_\_\_ Date: \_\_\_\_\_

“To move my rating one higher would require me to \_\_\_\_\_

“How high a rating do you need for yourself before we can go to the next step?” \_\_\_\_\_

# \_\_\_\_: \_\_\_\_\_ Rated 1-10: \_\_\_\_\_ Date: \_\_\_\_\_

“To move my rating one higher would require me to \_\_\_\_\_

“How high a rating do you need for yourself before we can go to the next step?” \_\_\_\_\_

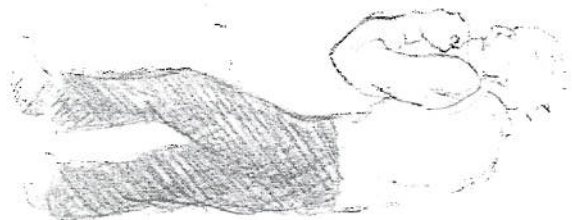
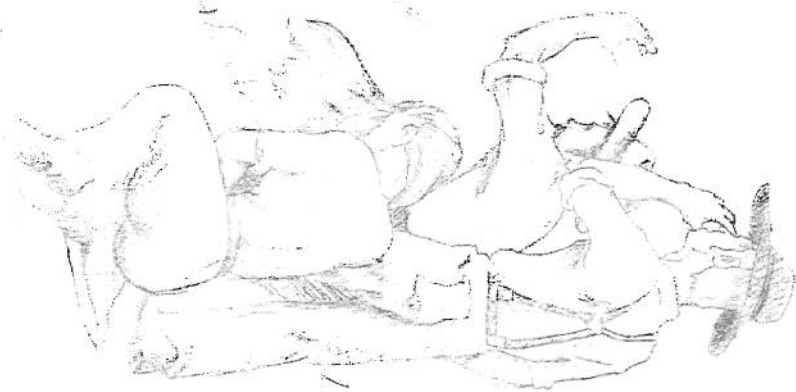
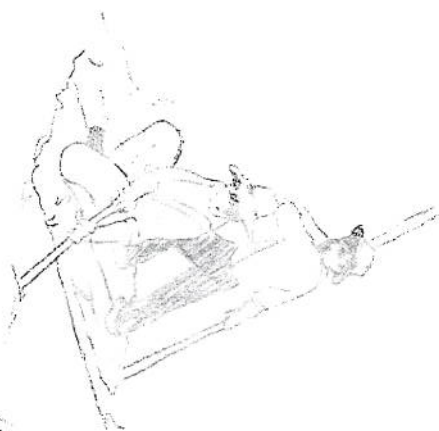
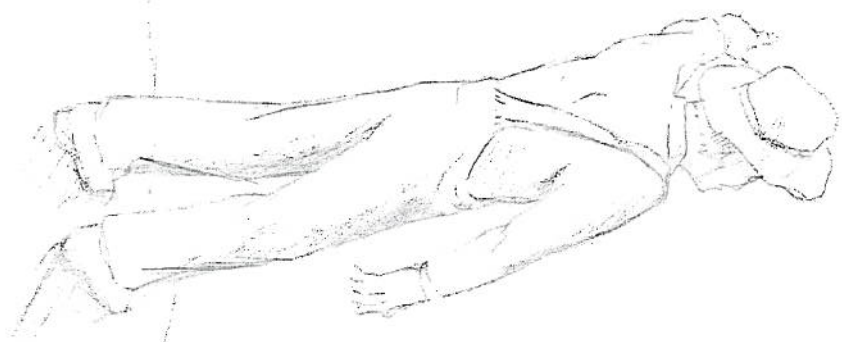
“Concerned with my personal beliefs & feelings”

# Attending – how do we really ‘see’ them?

Definition: a counselor’s disposition of focus on their client.

Recommendation: meet with them in “A. C.R.O.W.N. V.”

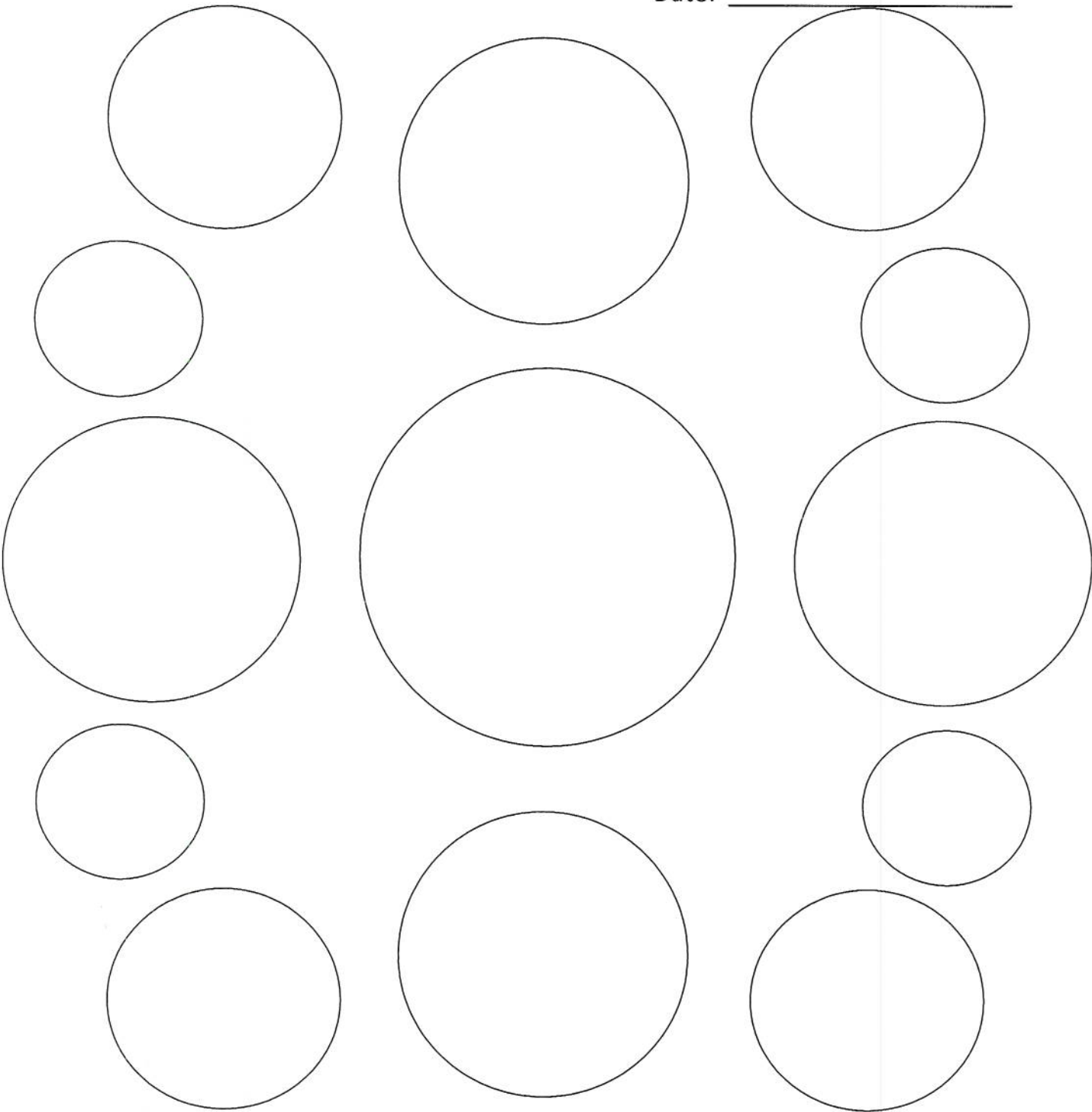
- Ask them for their goal in the counseling;
  - Clarify their desire with an open-ended question(s);
  - Reflect a specific emotional statement or action;
  - Observe (out loud) any sudden physical changes;
  - Wait for their spirit and body to respond; and
  - Name the spiritual principle in which they may struggle
- 
- Validate their experience of the specific spiritual principle



# Eco-Map

Name: \_\_\_\_\_

Date: \_\_\_\_\_



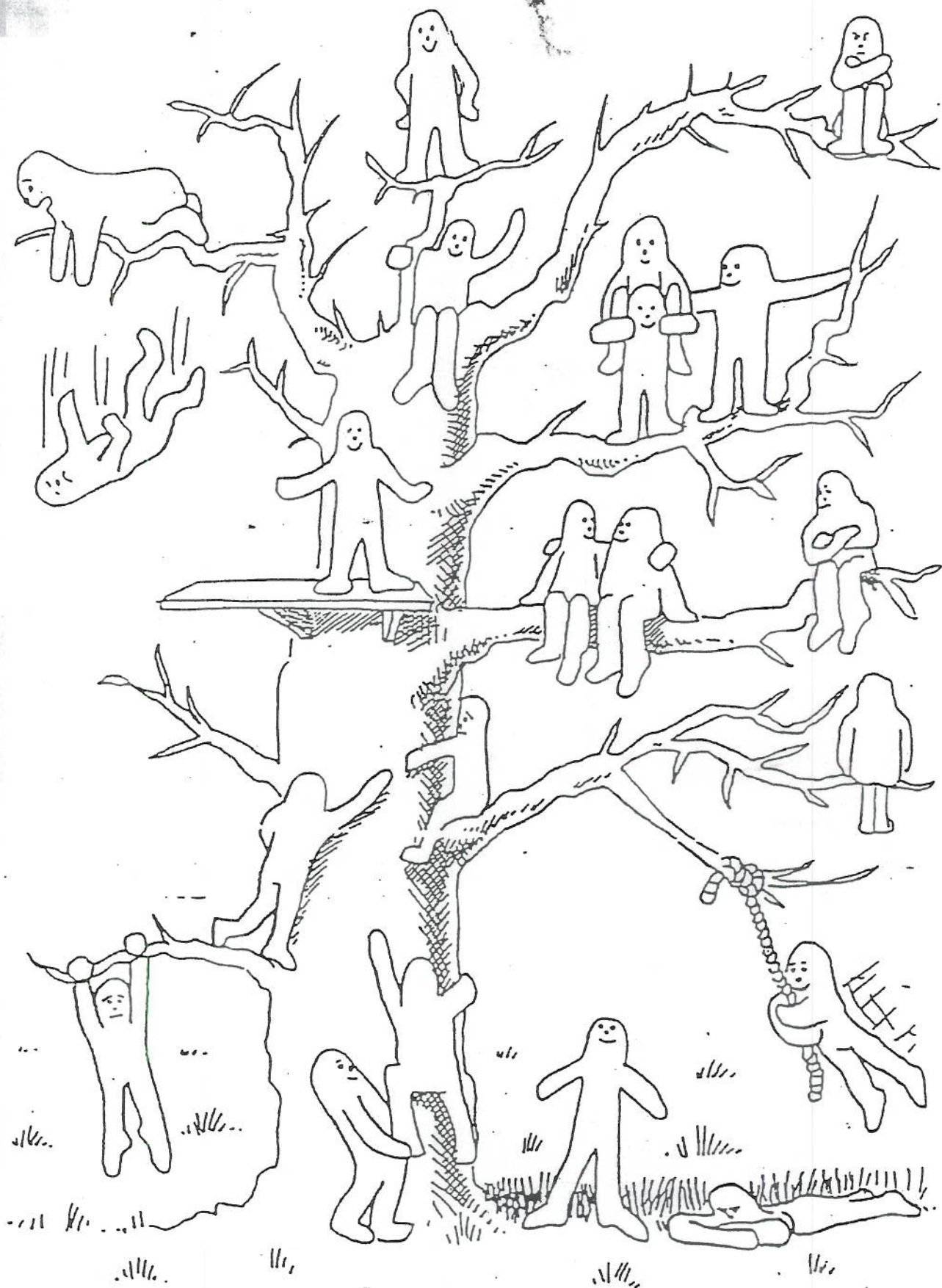
**Strong, Supportive Relationship**



**Weak Relationship**

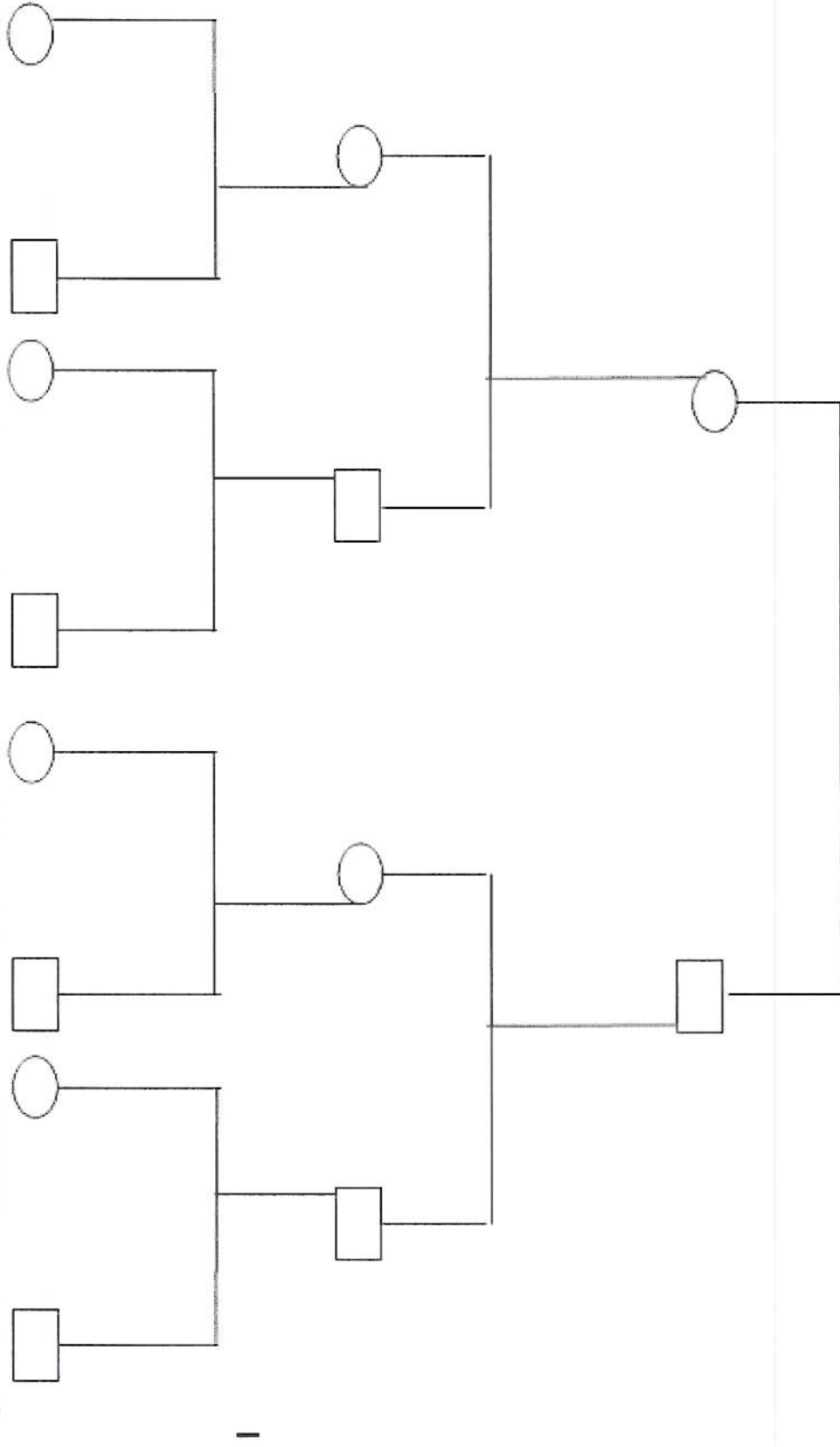


**Stressful Relationship**



# Genograms

Name, Age, Race, Religious background, Education, Job, Military? Date left home, Current location, Cultural Expectations, 1<sup>st</sup> marriage/Previous intimate relationships? Live together first? When married? When divorced? Why did ... argue, separate, divorce? Children? How would you describe ... (or your relationship with)?



## Legend

	= strong tie		= values		= beliefs		= or = separations/divorces		= deaths (how?)		= triangulation		= estranged
	= closeness (intense - enmeshed)		= flexibility (chaotic-rigid)		= conflict resolution		= abuse (type)		= crisis		= boundary issues		= personal struggles

## Expectations in Multicultural Relationships

Partner 1/ Partner 2

*You and your partner should complete the exercise independently, then discuss the similarities and differences in your answers. In the discussion, observe your own communication style.*

	Strongly agree	Agree	Disagree	Strongly disagree
1. I consider myself to have strong cultural values.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I have never examined by own cultural values	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. We have never discussed our different cultures.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I choose my relationship over my cultural values.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. My partner is accepting of my culture.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. We agree on the importance of family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. My partner's family makes me feel accepted.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. We agree on the way to raise children.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. We agree on the way to discipline children.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. My partner and I share the same religious beliefs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. My partner and I celebrate the same holidays.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. We participate in each other's cultural traditions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. We feel comfortable about our relationship in public places.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I feel comfortable expressing physical affection for my partner in public.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. I expect sexual fidelity in our relationship.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Divorce is unacceptable in my culture.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Fincham, F. D., Fernandes, L. O. L., & Humphreys, K. (1993). *Communicating in relationships: A guide for couples and professionals*. Champaign, IL: Research Press.

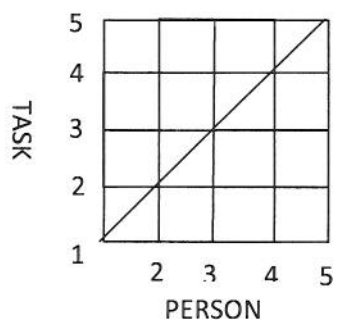
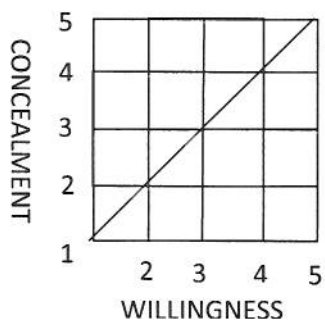
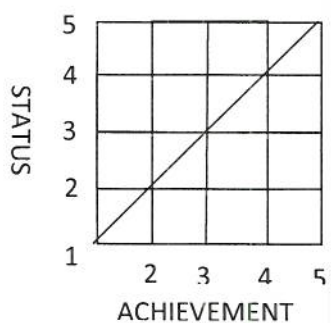
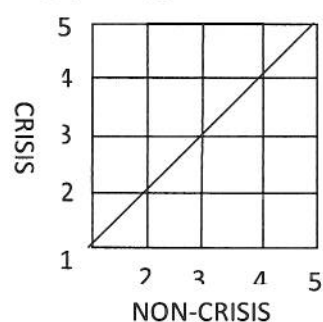
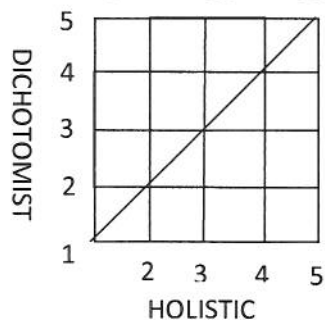
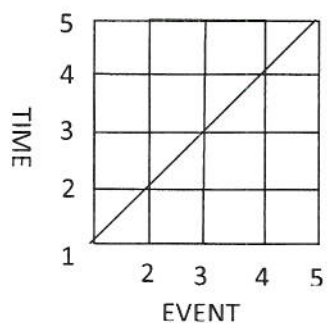
## ***CULTURAL VALUES QUESTIONNAIRE***

Answer the following statements by "1" - Strongly Disagree, "2" - Agree, "3" - No Opinion, "4" Agree, "5" Strongly Agree

- \_\_\_ 1. I would not enjoy working for a large company because I would never see the whole picture of what I was working on.
- \_\_\_ 2. I seek out friends and enjoy talking about any subject that happens to come up.
- \_\_\_ 3. I avoid setting goals for fear that I might not reach them.
- \_\_\_ 4. I am more concerned about what I have accomplished than I am with the position and title of my job.
- \_\_\_ 5. I seldom think much about the future; I just like to get involved in things as they turn up.
- \_\_\_ 6. I feel things are either right or wrong; discussion of 'gray' areas makes me uncomfortable and seems to compromise the truth.
- \_\_\_ 7. When making a decision, I feel that more than one of the options can be a right choice.
- \_\_\_ 8. When I set a goal, I dedicate myself to reaching that goal, even if other areas of my life suffer as a result of it.
- \_\_\_ 9. I am always one of the first to try something new.
- \_\_\_ 10. I tend to associate only with people of the same social status.
- \_\_\_ 11. I feel strongly that time is a scarce commodity, and I value it highly.
- \_\_\_ 12. When my car needs tuning, I go to the professionals rather than let my neighbor who works out of his garage do the job.
- \_\_\_ 13. I like performing before an audience because it pushes me to perform better.
- \_\_\_ 14. My criteria for buying a car are low price and a reliability; I don't let friends/family influence me to spend more on name brands
- \_\_\_ 15. My desk or work area is very organized. There is a place for everything, and everything is in its place.
- \_\_\_ 16. I attend lectures and read books by experts to find solutions to issues of importance to me.
- \_\_\_ 17. If offered a promotion that entailed moving to another city, I would not be held back by relationships with parents and friends.
- \_\_\_ 18. I find it difficult to relate to people who have a significantly higher occupational or social position than mine.
- \_\_\_ 19. I always wear a watch and refer to it regularly in order not to be late for anything.
- \_\_\_ 20. I feel very frustrated if someone treats me like a stereotype.
- \_\_\_ 21. I tend not to worry about potential problems; I wait until a problem develops before taking action.
- \_\_\_ 22. When waiting in line, I tend to start up conversations with people I do not know.
- \_\_\_ 23. I hate to arrive late; sometimes I stay away rather than walk in late.
- \_\_\_ 24. I get annoyed at people who want to push a group to make a decision, when everyone has not yet expressed his or her opinion.
- \_\_\_ 25. I plan my daily and weekly activities. I am annoyed when my schedule or routine gets interrupted.
- \_\_\_ 26. I do not take sides in a discussion until I have heard all the arguments.
- \_\_\_ 27. Completing a task is almost an obsession with me, and I cannot be content until I am finished.
- \_\_\_ 28. I enjoy breaking out of my routine and doing something totally different every now and then to keep life exciting.
- \_\_\_ 29. When involved in a project, I tend to work on it until completion, even if that means begin late to other things.
- \_\_\_ 30. I eat in only a few select public restaurants where I know the food is the best quality and I can find the specific items I enjoy.
- \_\_\_ 31. Even though I know it might ruin, I would go to a friend's barbecue rather than opt to repair the damage a storm did to my roof.
- \_\_\_ 32. I always submit to the authority of my boss, pastor, and teachers, even if I feel they may be wrong.
- \_\_\_ 33. I feel there is a standard English grammar and that all Americans should use it.
- \_\_\_ 34. To make meals more interesting, I introduce changes into the recipes I find in cookbooks.
- \_\_\_ 35. I argue my point to the end, even if I know I am wrong.
- \_\_\_ 36. I do not feel that anything I have done in the past matters much; I have to keep proving myself every day.
- \_\_\_ 37. When starting a new job, I work especially hard to prove myself to my fellow workers.
- \_\_\_ 38. When introducing important people, I usually include their occupation and title.
- \_\_\_ 39. I talk with others about my problems and ask them for advice.
- \_\_\_ 40. I avoid participating in games at which I am not very good.
- \_\_\_ 41. Even if in a hurry while running errands, I will stop to talk with a friend.
- \_\_\_ 42. I have set specific goals for what I want to accomplish in the next year and the next five years.
- \_\_\_ 43. I like to be active with many things so that at any one time I have a choice of what to do.
- \_\_\_ 44. When shopping for a major item, I first get expert advice and then buy the recommended item at the nearest reasonable store.
- \_\_\_ 45. I enjoy looking at art and trying to figure out what the artist was thinking and trying to communicate
- \_\_\_ 46. I feel uncomfortable and frustrated when a discussion ends without a clear resolution of the issue, nobody wins the argument.
- \_\_\_ 47. I resist a scheduled life, preferring to do things on the spur of the moment.
- \_\_\_ 48. When leading a meeting, I make sure it begins and ends on time.

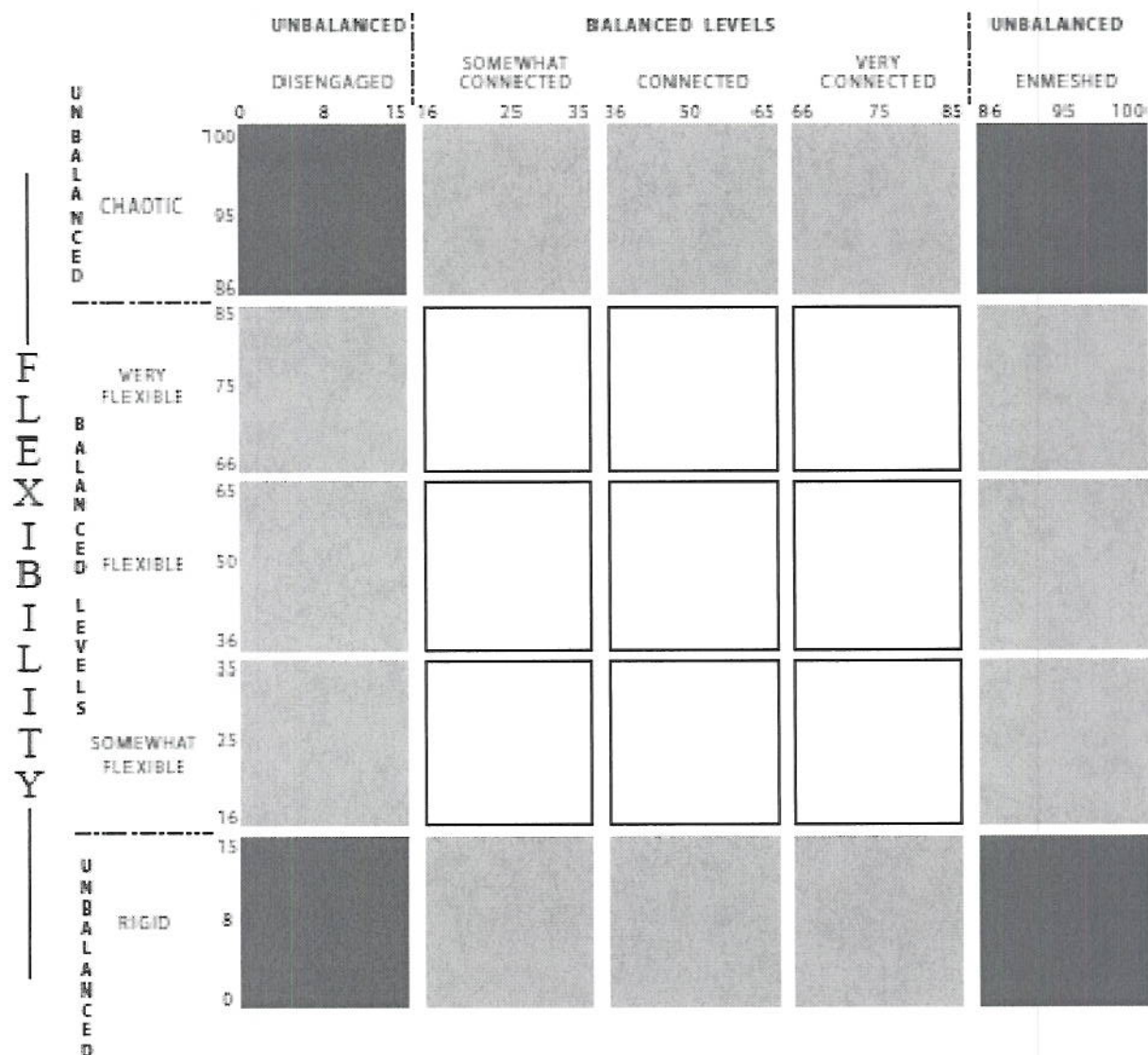
## Cultural Values Questionnaire Score Sheet

						Total	Average
Time orientation	<u>11</u>	<u>19</u>	<u>23</u>	<u>25</u>	<u>48</u>	—	—
Event Orientation	<u>5</u>	<u>24</u>	<u>29</u>	<u>31</u>	<u>47</u>	—	—
Dichotomistic thinking	<u>6</u>	<u>10</u>	<u>15</u>	<u>33</u>	<u>46</u>	—	—
Holistic thinking	<u>1</u>	<u>7</u>	<u>20</u>	<u>26</u>	<u>45</u>	—	—
Crisis orientation	<u>6</u>	<u>12</u>	<u>16</u>	<u>30</u>	<u>44</u>	—	—
Noncrisis orientation	<u>7</u>	<u>9</u>	<u>21</u>	<u>34</u>	<u>43</u>	—	—
Task orientation	<u>8</u>	<u>12</u>	<u>17</u>	<u>27</u>	<u>42</u>	—	—
Person orientation	<u>2</u>	<u>39</u>	<u>22</u>	<u>31</u>	<u>41</u>	—	—
Status focus	<u>10</u>	<u>18</u>	<u>32</u>	<u>33</u>	<u>38</u>	—	—
Achievement focus	<u>4</u>	<u>14</u>	<u>20</u>	<u>36</u>	<u>37</u>	—	—
Concealment of vulnerability	<u>3</u>	<u>23</u>	<u>32</u>	<u>35</u>	<u>40</u>	—	—
Willingness to expose vulnerability	<u>9</u>	<u>13</u>	<u>28</u>	<u>34</u>	<u>39</u>	—	—



# Circumplex Model & FACES IV

## COHESION



☐ BALANCED

(Higher Score is more Healthy)

BALANCED Scores:

BAL. Cohesion: \_\_\_\_\_

BAL. Flexibility: \_\_\_\_\_

☐ MID-RANGE

Dimension Scores:

Cohesion \_\_\_\_\_

Flexibility \_\_\_\_\_

☐ UNBALANCED

(Higher Score is more Unhealthy)

UNBALANCED Scores:

Disengaged: \_\_\_\_\_

Enmeshed: \_\_\_\_\_

Chaotic: \_\_\_\_\_

Rigid: \_\_\_\_\_